

Extremism is a violent change to the foundations of the constitutional system and a violation of the state's integrity.

Terrorism is the most extreme manifestation of extremism associated with violence, threatening the life and wellbeing of citizens.

Extremism includes:

- ✓ inciting social, racial, national, religious tensions and (or) propaganda of the exclusivity and superiority of a person based on race, nationality or religion;
- ✓ interfering with the lawful activities of state bodies, local self-government bodies, election commissions, public and religious associations, combined with violence or a threat of violence.

In accordance with Article 282.1 of the Criminal Code of the Russian Federation, organization of an extremist community and participation in extremist organizations are punishable by up to 10 years in prison, while terrorist activities may lead to life imprisonment.

The following activities and methods are used by extremists and terrorists to reach wider audiences and recruit new members to their ranks:

- spreading distorted views of state policy;
- promoting the narrative of alleged historical grievances of national and social groups, whose interests extremist and terrorist activities are supposedly defending;
- striving to legitimize extremist and terrorist activities based on the right to national self-determination, the rights of indigenous peoples, freedom of religion, etc.;
- promoting the idea that change may only be brought about by force;
- portraying the goals and objectives of extremists and terrorists as sacred, genuine and just.

In order to successfully counter the ideas of extremism and terrorism it is necessary to pay attention to:

- ✓ public calls to extremist actions and (or) mass dissemination of extremist materials;
- ✓ propaganda and public display of Nazi paraphernalia or symbols;
- ✓ attempts to provoke conflict on social, national and religious grounds;
- ✓ gathering of a large number of tenants without registration in one apartment (so-called "rubber apartments").

If you witness any of the above, please report the facts to law enforcement agencies and state authorities.

It is necessary to maintain security measures in public places and places of mass gathering of citizens.

Spreading extremist ideas in such a multinational country as Russia will lead to severe and irreversible consequences.

V.V. Putin

You can report any threats of extremism and terrorism within the territory of the Samara region by calling any of the following helplines:

SamSMU: 374-10-06, 374-10-05

- ✓ FSB of Russia for the Samara region: 232-13-56, 232-04-47;
- ✓ Main Directorate of the Ministry of Internal Affairs of Russia in the Samara region: 278-13-40;
- ✓ Main Directorate of the Ministry of Internal Affairs of Russia in the Samara region: 278-22-22, 278-22-23 (emergency centre);
- ✓ Russian Emergency Ministry in the Samara region: 337-72-82;
- ✓ general emergency helpline: 102 or 112 (for any mobile operators).

**THE HELPLINES ACCEPT
CALLS 24/7**

In order to prevent the spread of extremism it is necessary to:

- preserve traditional values, promote patriotic education of citizens;
- strengthen interethnic and interfaith unity;
- increase legal awareness of citizens;
- strengthen peace and harmony in our society;
- support the efforts of authorities at all levels to counter the spread of extremism and terrorism in the country.

**You can make a difference
by saving many
lives, including the lives
of our children, from the extremist
threat**

**LET US SAY
NO TO
EXTREMISM!**

A person who chose the profession of a doctor has a special vocation! It does not matter to them what nationality, religion or political party a patient represents! The most important thing is to provide professional medical care to patients and preserve human health!

A.V. Kolsanov